



TOM EAST

Ministry Leadership Training | Consulting | Strategic Planning | Facilitation

Ministry Workshops and Leadership Training – Tom provides ministry leaders with dynamic pastoral leadership training in the areas of intergenerational catechesis, adolescent catechesis, youth ministry, family ministry, volunteer ministry, leadership development, and sacramental preparation.

Facilitation and Team Formation– To facilitate is to make something easier, to help make something happen, and to help something run more smoothly and effectively. Tom facilitates pastoral planning for ministry and events by engaging communities and teams in naming the driving purpose for their ministry and creating a practical and inspiring plan that gets others caught up in the vision.

Strategic Planning – Tom uses proven methodology to facilitate research-based strategic planning for dioceses, parishes and ministry organizations that provide ministry teams with a responsive plan and a practical plan for implementation.



About Tom East

Tom and his family live in Gig Harbor Washington. He is a popular speaker at ministry conferences nationwide and author of numerous books including, *Leadership for Catholic Youth Ministry*. Tom holds a Master of Arts degree in Religious Studies from Mount St. Mary's College in Los Angeles. Tom is the Pastoral Assistant for RCIA, Grief Ministry, and Marriage for Saint Charles Borromeo parish in Tacoma. Most recently, Tom was the Director of the Center for Ministry Development. Previously, he was Director of Youth Ministry and the Associate Director of Religious Education for the Archdiocese of Los Angeles. Tom has shared leadership in numerous national organizations and ministry projects, including the board of directors for the National Federation for Catholic Youth Ministry and the National Institute for Young Adult Ministry.

Contact Information

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Sample Workshop Topics Parish Staff and Ministry Teams

Mobilizing Volunteers for Your Ministry

This workshop will help participants understand their role in helping parishioners answer their baptismal call to use their gifts and time in service to their parish community. Participants will explore the ways that parishes can do a better job of recruiting volunteers so that they are asking volunteers to use their gifts in service to others, and strategies for sustaining them in their volunteer service so that it is life-giving for all.

Witnessing Faith

Imagine your parish as a community of witnesses. Children, youth, and adults are longing to experience people of faith who can tell the story of God in their lives and point to Christ's healing love. In this session, participants discover the power of witness and consider ways to empower families and the parish community to radiate Christ's love.

Engaging Today's Parents – Reimagining our Ministries with Families in Mind

Families that pray together, share faith and engage in service together transform their faith, change our parishes, and ultimately share Christ's love in the world. What do we need to inspire and support parents today? How can think of our ministries in new ways so that we build our faith formation with families at the center? This workshop will explore practical ways to reimagine any ministry with families in mind.

Parents

Let's Talk about Faith and Real Life with Adolescents

In *Christus Vivit*, Pope Francis presents a vision for accompanying youth and reminds us that parents and all adults who work with youth have an opportunity to talk with and walk with young people to connect faith and life. Youth today are making big decisions about their lives and their faith. Young people in our parishes need someone to accompany them; they need faith companions. Parents of adolescents deserve support and tools for making the faith connection. This workshop is designed for parents of youth, Confirmation sponsors, catechists, youth ministry team members, and parish leaders who work with youth.

Parents and Youth

Confirmation Retreat for Parents and Youth

Parents and youth prepare together for the strengthening of the Sacrament of Confirmation in this retreat afternoon which begins with a session for parents and youth designed to help them explore the meaning of Confirmation. Parents and youth then divide into two groups. Parents will experience a workshop about how to talk about faith and real life with their adolescent, while youth participate in activities to continue to learn about Confirmation and the gifts of the Holy Spirit. The retreat concludes with a mass.